

# M3 W-One Files

FOR DENTAL USE ONLY

# M3 W-One instruments for endodontic treatment:

- M3 W-One SMALL file #20/06vt
- M3 W-One PRIMARY file #25/08vt
- M3 W-One LARGE file #40/08vt

## 0) COMPOSITION

The cutting part of these instruments is made of a nickel-titanium wire.

# 1) INDICATIONS FOR USE

These instruments are to be used only in a clinical or hospital environment, by qualified users following good dental practices (using gloves, glasses, rubber dam ...).

M3 W-One Instruments are for use in endodontic treatment, by shaping & cleaning the root canal system.

# 2) CONTRAINDICATIONS

In common with all mechanically driven root canal instruments, M3 W-One instruments should not be used in cases of severe and sudden apical curvatures.

### 3) WARNINGS

This product contains Nickel and should not be used for individuals with known allergic sensitivity to this metal.

### 4) PRECAUTIONS

- The M3 W-One are Single Use instruments.
- · Clean flutes frequently and check for signs of distortion or wear.
- Irrigate abundantly and frequently due to the fast preparation.
- Initiate shaping procedures with the selected M3 W-One file in the presence of NaOCI.
- Use a gentle inward pecking motion, with short 2–3 mm amplitude strokes, to passively advance the M3 W-One file until it does not easily progress anymore.

# 5) ADVERSE REACTIONS

In common with all mechanically driven root canal instruments, M3 W-One instruments should not be used in cases of severe and sudden apical curvature due to high risk of breakage.

# 6) STEP BY STEP INSTRUCTIONS FOR M3 W-ONE FILES

# M3 W-One Shaping Considerations

#### 1) Radiographic Evaluation

Review different horizontally angulated radiographs to diagnostically determine the width, length, and curvature of any given canal.

### 2) Access Preparation

Create straight-line access to the canal orifice(s) with emphasis on flaring, flattening, and finishing the internal axial walls.



## M3 W-One Shaping Technique

- 1) Establish straight-line coronal access to the orifice.
- 2) Estimate the working length using well-angulated preoperative radiographic or digital images.
- 3) Create a glide path by gently working a 010 file, using irrigation or a viscous chelator as preferred, until resistance is met and the file doesn't progress anymore. Then work it until it is completely loose.
- 4) Select the M3 W-One file by reviewing the "Clinical & Anatomical" Guidelines. Select the preprogrammed M3 W-One motor settings.
- 5) Initiate shaping procedures with the selected M3 W-One file in the presence of an irrigant. Use a gentle inward pecking motion, with short 2 3 mm amplitude strokes, to passively advance the M3 W-One file until it does not easily progress anymore.
- 6) Withdraw the M3 W-One file, remove the debris and inspect its cutting flutes, irrigate and repeat step 3 & 5 until the coronal two-thirds of the canal have been shaped.
- 7) Negotiate the apical one-third of the canal with a 010 file in the presence of a viscous chelator. Gently work this file until it is completely loose at the full working length. Establish final working length, confirm patency, verify the glide path and irrigate.
- 8) Use the M3 W-One file to final working length. The finished shape is confirmed if the apical flutes of the file are loaded with dentin. Irrigate, recapitulate, and re-irrigate. Gauge the size of the foramen with an ISO hand file that has the same diameter as the M3 W-One file carried to working length. If the gauging hand file is snug at length, the preparation is finished. If the gauging file is loose at length, generally use a larger M3 W-One file to finish the preparation.
- 9) Use "active" irrigation methods to promote 3D disinfection of the root canal system.

# 7) DISINFECTION, CLEANING AND STERILIZATION

- M3 W-One is intended for Single use only.
- Disinfection, cleaning and sterilization procedures are not recommended.
- Re-use of M3 W-One can increase the risk of cross contamination and breakage.

### Manufacturer



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